



## YOUNG ADULT GROUP

### Spring 2019

#### Description: For Young Adults who have graduated High School:

- diagnosed with Asperger's Disorder or High Functioning Autism and/or ADHD
- may also be appropriate for individuals with Social Anxiety Disorder or have difficulty being in group settings.
- designed for young adults who have generally average speech and language skills
- designed to improve social skills and increase social engagement with same-age peers
- designed to provide support for young adults who may be isolated from peers
- designed to promote self-esteem through success experiences
- designed to help improve the ability to act positively and effectively with others
- designed to have a maximum of 8-10 per group
- developed and directed by Michelle DePolo, Psy.D. BCBA-D, Pediatric Psychologist
- facilitated by Rachel Pasquerilla, EdS, BCBA and Lindsey Tornow, EdS, BCBA

#### How

The program promotes social development, social engagement, and self-esteem in two formats:

- **Center-Based-(7 groups)** provides direct and indirect instruction about targeted social behaviors, coping, problem solving and emotions through formal and informal group discussions and activities. New this season is the opportunity for group members to "host" that week's group as if they were having friends over to their home for the evening. Group members may be paired up and will receive direct instruction and practice from facilitators in preparation.
- **Community-Based-(3 groups)** provides opportunities ("incidental teaching moments") for Young Adults to practice their skills in community settings appropriate for young adults, such as bowling, restaurants, movies.
- Treatment goals are specifically tailored to meet the needs of the group. Targeted skills and topics include:

making/keeping friends  
resilience from depression  
two-way conversation

conversational manners  
non-verbal communication  
sportsmanship/losing

reducing social anxiety  
problem solving  
staying on topic

**When and Where**

- Thursday evenings at KidsLink NeuroBehavioral Center, 899 Frost Road, Streetsboro 44241
- Time: 6:15 - 7:15 PM

<b>Spring 2019 (9 week program)</b>
March 14 <sup>th</sup>
March 21 <sup>st</sup>
April 4 <sup>th</sup>
April 11 <sup>th</sup>
April 18 <sup>th</sup>
April 25 <sup>th</sup>
May 2 <sup>nd</sup>
May 9 <sup>th</sup>
May 16 <sup>th</sup>

**Cost**

- The program fee is \$450. A deposit of \$225 is required.

**Please note: Payment is due in full by the start of group**

Per guidelines of your insurance, the program costs may be reimbursable under the CPT codes 90853 (group psychological treatment) and/or 90847 (family therapy).

- KidsLink is also an Autism Scholarship and John Peterson Scholarship provider, if this is applicable to you.

**Enrollment Process**

- To enroll, please contact Sue Corp at 330-963-8600 or by email at scorp@kidslinkohio.

**Please reply as early as possible, as enrollment is limited.**