



YOUNG ADULT GROUP SPRING 2020

Description: For Young Adults who have graduated High School:

- diagnosed with Asperger's Disorder, High Functioning Autism, and/or ADHD
- may also be appropriate for individuals with Social Anxiety Disorder or who have difficulty in group settings.
- designed for young adults who have generally average speech and language skills
- designed to improve social skills and increase social engagement with same-age peers
- designed to provide support for young adults who may be isolated from peers
- designed to promote self-esteem through success experiences
- designed to help improve the ability to act positively and effectively with others
- designed to have a maximum of 8-10 per group
- developed and directed by Michelle DePolo, Psy.D. BCBA-D, Pediatric Psychologist
- facilitated by Rachel Pasquerilla, EdD, BCBA and Lindsey Trump, EdS, BCBA

How

The program promotes social development, social engagement, and self-esteem in two formats:

- **Center-Based** - provides direct and indirect instruction about targeted social behaviors, coping, problem solving and emotions through formal and informal group discussions and activities. Participants will have the opportunity to "host" a group as if they were having friends over to their home for the evening. Group members may be paired up and will receive direct instruction and practice from facilitators in preparation.
- **Community-Based** - provides opportunities ("incidental teaching moments") for Young Adults to practice their skills in community settings appropriate for young adults, such as bowling and restaurants.
- Treatment goals are specifically tailored to meet the needs of the group. Targeted skills and topics include:

making/keeping friends
resilience from depression
two-way conversation

conversational manners
non-verbal communication
sportsmanship/losing

reducing social anxiety
problem solving
staying on topic

When and Where

- Thursday evenings at KidsLink NeuroBehavioral Center, 899 Frost Road, Streetsboro 44241
- Time: 6:15 - 7:15 PM

SPRING (8 week program)
April 2 nd
April 9 th
April 16 th
April 23 rd
April 30 th
May 7 th
May 14 th
May 21 st

Cost

The program fee is \$400. A deposit of \$200 is required.

Please note: Payment is due in full by the start of group

KidsLink Neurobehavioral Center providers are out-of-network for all insurance. Per guidelines of your insurance, the program costs may be reimbursable under the CPT codes 90853 (group psychological treatment) and/or 90847 (family therapy).

Enrollment Process

To enroll please contact our office 330-963-8600 or by email at groups@kidslinkohio.com.

PLEASE NOTE: LAST DAY TO ENROLL IS FRIDAY, MARCH 27th

For information on additional group programs, please visit our website at www.kidslinkohio.com or follow us on Facebook