



TELEHEALTH YOUNG ADULT GROUP

Description: For Young Adults who have graduated High School:

- diagnosed with Asperger's Disorder, High Functioning Autism, and/or ADHD
- may also be appropriate for individuals with Social Anxiety Disorder or who have difficulty in group settings.
- designed for young adults who have generally average speech and language skills
- designed to improve social skills and increase social engagement with same-age peers
- designed to provide support for young adults who may be isolated from peers
- designed to help improve the ability to act positively and effectively with others
- facilitated by Dr. Rachel Kallin, EdD, BCBA and Lindsey Trump, EdS, BCBA

How

The program promotes social development, social engagement, and self-esteem. Targeted skills and topics may include:

making/keeping friends	conversational manners	reducing social anxiety
resilience from depression	non-verbal communication	problem solving
two-way conversation	sportsmanship/losing	staying on topic

When

- Thursday evenings via secure video conferencing using Google Meet
- Time: 6:15 - 7:15 PM
- September 17th & 24th, October 1st, 8th, 15th, 22nd, & 29th, November 5th & 12th

Cost

The program fee is \$180. This is not reimbursable through insurance as there is no group telehealth code for psychology.

Interested in participating? Please contact us at rthomas@kidslinkohio.com or by calling us at 330-963-8600.