



TELEHEALTH TEEN GROUP

Description: For Teens Middle School & High School age:

- diagnosed with Asperger's Disorder or High Functioning Autism, ADHD, or Social Anxiety
- designed to improve friendship behaviors and social skills
- designed to provide support for Teens isolated from peers
- designed to promote self-esteem
- designed to help improve the ability to act positively and effectively with others
- facilitated by Dr. Rachel Kallin, EdD, BCBA and Lindsey Trump, EdS, BCBA

How:

The program promotes social development, friendship skills, and self-esteem. Targeted skills and topics may include:

making/keeping friends	conversational manners	reducing social anxiety
resilience from depression	responding to teasing	problem solving
building self-esteem	staying on topic	understanding social cues

Who:

- Teens who are **Middle School or High School** age
- Teens diagnosed with Asperger's Disorder, High Functioning Autism, ADHD or Social Anxiety
- Teens who have primary placement in a regular education setting
- Teens who have generally average speech and language skills

When:

- Thursday evenings via secure video conferencing using Google Meet
- Time: 5:00 - 6:00 PM
- September 17th & 24th, October 1st, 8th, 15th, 22nd, & 29th, November 5th & 12th

Cost:

The program fee is \$180. This is not reimbursable through insurance as there is no group telehealth code for psychology.

Interested in participating? Please contact us at rthomas@kidslinkohio.com or by calling us at 330-963-8600.