



## TEEN GROUP - MIDDLE SCHOOL AGE SPRING 2020

### Description: For Teens & Pre-Teens Middle School age:

- diagnosed with Asperger's Disorder or High Functioning Autism, ADHD, or Social Anxiety
- designed to improve friendship behaviors and social skills
- designed to provide support for Teens & Pre-Teens who may be isolated from peers
- designed to promote self-esteem through success experiences
- designed to help improve the ability to act positively and effectively with others
- designed to have a maximum of 8 per group
- developed and directed by Michelle DePolo, Psy.D., BCBA-D, Pediatric Psychologist
- facilitated by Rachel Pasquerilla, EdD, BCBA and Lindsey Trump, EdS, BCBA

### How

The program promotes social development, friendship skills, and self-esteem in two formats:

- **Center-Based** - provides direct and indirect instruction about targeted social behaviors, coping, problem solving and emotions through formal and informal group discussions and activities
- **Community-Based** - provides opportunities ("incidental teaching moments") for Teens to practice their skills in community settings such as bowling, laser tag, restaurants
- Treatment goals are specifically tailored to meet the needs of the group. Targeted skills and topics include:

making/keeping friends	conversational manners	reducing social anxiety
resilience from depression	non-verbal communication	responding to teasing
two-way conversation	sportsmanship/losing	staying on topic
building self-esteem	understanding social cues	problem solving

### Who:

- Teens & Pre-Teens who are **Middle School** age
- Teens & Pre-Teens diagnosed with Asperger's Disorder or High Functioning Autism
- Teens & Pre-Teens who have primary placement in a regular education setting
- Teens & Pre-Teens who have generally average speech and language skills

**When and Where**

- Thursday evenings from 5:00-6:00 p.m. at KidsLink NeuroBehavioral Center, 899 Frost Road, Streetsboro, 44241

<b>SPRING (8 week program)</b>
April 2 <sup>nd</sup>
April 9 <sup>th</sup>
April 16 <sup>th</sup>
April 23 <sup>rd</sup>
April 30 <sup>th</sup>
May 7 <sup>th</sup>
May 14 <sup>th</sup>
May 21 <sup>st</sup>

**Cost**

The program fee is \$400. A deposit of \$200 is required.

**Please note: Payment is due in full by the start of group**

KidsLink Neurobehavioral Center providers are out-of-network for all insurance. Per guidelines of your insurance, the program costs may be reimbursable under the CPT codes 90853 (group psychological treatment) and/or 90847 (family therapy). KidsLink is an **Autism Scholarship** and **John Peterson Scholarship** provider.

**Enrollment Process**

To enroll please contact our office 330-963-8600 or by email at [groups@kidslinkohio.com](mailto:groups@kidslinkohio.com).

**PLEASE NOTE: LAST DAY TO ENROLL IS FRIDAY, MARCH 27<sup>th</sup>**

For information on additional group programs, please visit our website at [www.kidslinkohio.com](http://www.kidslinkohio.com) or follow us on Facebook