



## UNDERSTANDING RELATIONSHIPS

### Who:

- designed for teens ages 14 – 17 diagnosed with high functioning autism, ADHD, anxiety, mild language deficits and/or social/pragmatic deficits
- designed for those who will benefit from learning the skills of and understanding all types of relationships such as family, social, school, work

**Program developed and directed by:** Kristin Uland, M.A., CCC/SLP and Kristin Hopkins, MOT, OTR/L

### Targeted skills

- Defining different types of relationships
- Reactions to social as well as environmental situations (e.g. sensory)
- Evaluating what appropriate attire/appearance is for each situation/relationship
- Executive functioning skills (i.e. planning and organizing events, problem solving, etc.)
- Understanding verbal and non verbal social cues
- Appropriate and safe usage of social media (e.g. facebook, phone, text, etc.)

### How:

- Understanding participants and their individual goals
- Role playing relationships involving the topic of the week
- Discussing how to approach relationships and use of social cues
- Setting goals – use of information learned

### When and Where

- 8 week group held on Tuesday evenings from 6:30 – 7:30 p.m beginning September 17<sup>th</sup>
- Held at KidsLink Neurobehavioral Center, 899 Frost Road, Streetsboro. (Directions available at [www.kidslinkohio.com](http://www.kidslinkohio.com))

### Cost

The program fee is \$480. A deposit of \$240 is required. **Please note: Payment is due in full by the start of group**

KidsLink Neurobehavioral Center providers are out-of-network for all insurance. Per guidelines of your insurance, the program costs may be reimbursable using cpt code 92508 (group speech therapy) and/or cpt code 97150 (group occupational therapy). KidsLink is an **Autism Scholarship** and **John Peterson Scholarship** provider.

### Enrollment Process

To enroll please contact our office 330-963-8600 or by email at [groups@kidslinkohio.com](mailto:groups@kidslinkohio.com).