

DATING — Basics and Beyond

Who:

- Designed for teens ages 14 – 17 diagnosed with high functioning autism, ADHD, anxiety, mild language deficits and/or social/pragmatic deficits
- Designed for those who will benefit from learning the skills of and understanding relationships, dating, sexual education, and self-advocacy skills around intimacy and relationships

Program developed and directed by: Kristin Uland, M.A., CCC/SLP and Kristin Hopkins, MOT, OTR/L

Targeted skills

- Defining different types of relationships (friendships vs dating relationships)
- Reactions to social situations (e.g. asking out another, getting asked out, dealing with rejections)
- Reactions to environmental situations (e.g. sensory, setting up a date)
- Evaluating appropriate attire/appearance for each situation/relationship
- Executive functioning skills (i.e. planning and organizing events/date, problem solving, etc.)
- Appropriate social behavior on a date
- Understanding verbal and non-verbal social cues
- Appropriate and safe usage of social media (e.g. e-dating, facebook, phone, text, etc.)

How:

- Understanding participants and their individual goals
- Role playing relationships involving the topic of the week
- Discussing how to approach relationships and use of social cues
- Setting goals – use of information learned

When and Where

- 6 week group held on Monday evenings from 5:00 – 6:30 p.m. beginning October 7th
- Held at KidsLink Neurobehavioral Center, 899 Frost Road, Streetsboro. (Directions available at www.kidslinkohio.com)

Cost

The program fee is \$480. A deposit of \$240 is required.

Please note: Payment is due in full by the start of group

KidsLink Neurobehavioral Center providers are out-of-network for all insurance. Per guidelines of your insurance, the program costs may be reimbursable using treatment code 92508 (group speech therapy) and/or treatment code 97150 (group occupational therapy). KidsLink is an **Autism Scholarship** and **John Peterson Scholarship** provider.

Enrollment Process

To enroll please contact our office 330-963-8600 or by email at groups@kidslinkohio.com.