



Young Adult Group (ages 18-25)-FALL 2009

Description:The Young Adult Group is for

- for young adults diagnosed with Asperger's Disorder or High Functioning Autism
- for young adults who have graduated from high school
- designed to improve social, friendship and relational skills
- designed to provide support to young adults who may be isolated from peers or have few opportunities for social interaction
- designed to discuss young adult issues such as independent living, interviewing for jobs, dating/relationships, relationships with co-workers, coping with job stress, managing finances
- designed to promote self-esteem through successful social interactions
- designed to help improve the young adult's ability to act positively and effectively with others
- designed to have 7-8 individuals per group
- developed and directed by Michelle DePolo, Psy.D., Child/Pediatric Psychologist and Rob Dempster, M.A., (Ph.D. Candidate in Clinical Psychology)

How

The program accomplishes the above goals in two formats:

- **Center-Based-(7 groups)** provides direct and indirect instruction about targeted social behaviors, coping, problem solving and emotions through formal and informal group discussions and activities
- **Community-Based-(3 groups)** provides opportunities ("incidental teaching moments") for young adults to have fun with others and practice skills in the community setting through group outings such as meals out at restaurants. The outings will be determined by the young adults.

Who: The young adult group is for:

- Young adults who have graduated from high school
- Young adults diagnosed with Asperger's Disorder or High Functioning Autism

- Young adults who had primary placement in a regular education setting with generally average language and communication

When and Where

- Wednesday evenings from 7:15 p.m.-8:15 p.m. at KidsLink NeuroBehavioral Center. (Map available at www.kidslinkohio.com)
- Groups meet for 1 hour for a 10 week program

Program DATES:
WEDNESDAY PROGRAM
September 9
September 16
September 23
September 30-NO GROUP
October 7
October 14
October 21
October 28
November 4
November 11
November 18

Cost

- The program fee is \$450.00
- To reserve your spot, please send payment of \$225.00 with the attached application. The remaining \$225.00 is due at the first group
- Per guidelines of your insurance, the program costs may be reimbursable under the CPT code 90853 (group psychological treatment).

Application and Enrollment Process

- Please complete the attached application and return it with your payment to: KidsLink NeuroBehavioral Center: Attention: Dr. Michelle DePolo, 8054 Darrow Road, Bldg. D, Suites 5 and 6, Twinsburg, Ohio 44087.
- **Please reply as early as possible, as enrollment is limited.** Call KidsLink at 330-963-8600 with any questions.

We look forward to working with you!



YOUNG ADULT GROUP
FALL 2009

INFORMATION:

Name: _____ DOB: _____ Age _____

Address: _____

Living Arrangement: ___ at college ___ with parents ___ in apartment ___ other

Diagnoses (if any): _____

Medications (if any): _____

FAMILY INFORMATION:

Mother's Name: _____ Home Phone: _____ Work Phone: _____

Father's Name: _____ Home Phone: _____ Work Phone: _____

Emergency Contact: _____ Phone: _____

ADDITIONAL INFORMATION:

Are you currently enrolled in an education or vocational program? If so, which one:

How did you hear about the Young Adult Group?

What are your goals for participating in the Young Adult Group?

Is there anything else you would like us to know about you?

If you have any questions about the Young Adult Program, please do not hesitate to contact Dr. Michelle DePolo at anytime at 330-963-8680. We look forward to meeting you!