



KidsLink
Neurobehavioral Center

OT Group: Movement and Function Join Us!

When: Saturdays from 12-1pm

Who: Children 4-6 years old

***Space will be limited to no more than 4 participants**

Description/Focus:

The occupational therapy group will focus on the following areas through a variety of movement, play-based, and functional activities:

- Core, upper body/upper extremity strengthening
- Bilateral coordination, motor planning
- Social skills and group participation and interactions
- Fine motor, visual motor, and self-help skills/activities of daily living
- Pre-writing/Handwriting skills
- Sensory motor, sensory processing and attention

Children will get to work on these skills through a variety of small group experiences, such as (but not limited to): relays, gross motor games, fine motor games, group handwriting games, art activities, simple cooking activities, etc.

***Group sign up will be for an ongoing 8 week period, each 1 hour group for \$60 per session (\$480 total cost)**